

Health Savings Account Contribution Limits

| | Individual | Family |
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| HSA Contribution Limit for 2025 (Employee + Employer) | \$4,300 | \$8,550 |
| HSA Contribution Limit for 2026 (Employee + Employer) | \$4,400 | \$8,750 |
| HSA Catch-Up Contribution 2024 & 2025 (Age 55 and older)) | Plus \$1,000 | Plus \$1,000 |

The IRS will release the 2026 Catch-Up Contribution for savers age 55 and older later this year. It currently stands at \$1,000 for 2025.